



### **Sport climbing courses in the summer of 2025 at Rådsklippan in Västervik**

Dates of the courses

June 7-8. (Saturday-Sunday)

June 28-29 (Saturday-Sunday)

July 19-20 (Saturday-Sunday)

August 22-23 (Saturday-Sunday)

Time: Every day from 10:00 am to approximately 4:00 p.m.

Reviews from participants: “Many thanks for a wonderful weekend with exciting experiences! You did the course so well!! Calm, safe, educational, stimulating, and developing with a good atmosphere”, writes Johanna L. from Oskarshamn.

About the sport climbing course July last year. ”Thanks to both you and Anna for two fantastic days on the crags” Lester and Per July 2023.

Content: the course focuses on the principles of sport rock climbing.

It includes learning about climbing routes equipped with fixed drill bolts and top anchors.

After completing the course, participants are expected be able to sport climb and tope rope

climb on their own on the crags with safety aspects included. The course also covers topics

such as leading, setting top rope anchors, retying at top anchors and rapelling down the crags.

Training of the technique of climbing alone (clogging) is also offered.

Equipment: All necessary climbing equipment, including climbing shoes is included in the course.

Instructors for the course are Jim Wasmuth an experienced climber and certified sport climbing instructor and Anna as assistant instructor. We speak english.

Price: The course costs SEK 1800 for the 2-day period it runs. Simple accommodation near the crags for one night Saturday to Sunday is included in the price.

Registration and more information. Interested parties are invited to email [jim@jarnetmedia.se](mailto:jim@jarnetmedia.se) or call/sms +4670 4237229.

Järnetmedia

